

2020 Annual Report



Clockwise from left: Two big hockey fans with Carlton the Bear at the Toronto Maple Leafs Alumni game vs. the Peterborough Quacks. Volunteers Anne Doughty & Marg Landon with Foundation staff Laura Kennedy & Svea Keegan at Behind Closed Doors Lansdowne Place September 2019. Launch of Peterborough Family Health Team's Peterborough Athletics Concussion Awareness Program at City Hall September 2019. Tebey visits YES to see first hand the work the Youth Homelessness Prevention Program as supported by our Annual Golf Classic. Just For Laughs at Peterborough Memorial Centre was a big success February 2020. The Peterborough Quacks and Toronto Maple Leafs Alumni post-game at the Peterborough Memorial Centre November 2019.

Donations, Partnerships Integral to GPHSF's Ability to Serve Community

By Laura Kennedy,
Executive Director, GPHSF

While it may be difficult against the current backdrop of a global pandemic to reflect on this past year, it is imperative that we do not lose sight of all that was accomplished. Our Foundation has much to acknowledge and celebrate that took place during that time. As we look to the past, we also recognize that the future will be forever changed with the recent events of COVID-19. Our challenge is to continue to do what we do best, innovate, engage and partner to support our community's needs and we need your support now more than ever as we anticipate a shortfall of 65% in our fundraising efforts.

In June 2019 we hit a milestone as our Foundation was able to measure a dramatic increase in donor-related revenue, moving from March 2015 to June 2019 by 548% increase, a

staggering feat. This was achieved in due part through our numerous community partnerships, the legacy work of our Board and historical staff, as well as dynamic events attracting new sponsors and participants. This achievement ensured our ability to increase our allocations, utilizing endowed funds as well as general funds, to support critical programming for patients and the needs of Peterborough City & County.

In servicing those most vulnerable we continued to fund the Youth Homelessness Prevention Program at the YES Emergency Shelter. With our funding, navigators were able to prevent more than 100 young people entering the shelter system.

Not only does this mean they were able to secure safe housing solutions for these individuals but it also reduces their risk of assault, addiction, sexual

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Funding in Response to COVID-19 Pandemic

With the COVID-19 pandemic, we knew that patients would be severely impacted and we acted quickly to put funding in place to areas where it would most be needed. This meant increasing the Patient Compassion Fund to \$20,000 and, thanks to the support from Imprinted Apparel, we were able to raise \$6,000 to help offset this funding allocation with the sale of Social Distancing t-shirts.

Our community partners at Community Care were another

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Focus, Perseverance and Integrity Continues for GPHSF

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assault and helps better support their mental health in connecting them with Peterborough Youth Services. In addition, prevention means that the shelter is truly servicing those with greatest need and that beds in the shelter remain available for the highest risk population. Thank you to Tebey, and the supporters of the Tebey Golf Classic, who have made this funding possible.

Thanks to our partnership with H.O.P.E. and their Gaskell Cup event, and our own legacy funds, PACA (Peterborough Athletics Concussion Awareness) panel was provided with a 3-year funding program from our Foundation to move forward with a plan to best identify, remove from play, treat and return to school/work/sports safely those suffering concussions.

In partnership with key community and provincial stakeholders including Kawartha Pine Ridge District School Board, Peterborough Victoria Northumberland Clarington Catholic School Board, Trent University, Fleming College, Lakefield College, City of Peterborough, Peterborough Public Health, Peterborough Family Health Team, Ontario Neurotrauma Foundation, Parachute, Ontario Brain Injury Association, Dr. Joan Himann, Dr. Steph Dallaire, and H.O.P.E., our community is well poised to take a national lead on best practises for community engagement of concussion

injury and prevention.

This past year, loss kits were once again created by the Peterborough Butterfly Run and delivered to PRHC, physician and NP practises that see patients that have experienced early and later loss in pregnancy, which affects 1 out of every 4 pregnancies. These kits, in addition to the 12 resource libraries across our community, help support those impacted by pregnancy and child loss, as well as the inability to conceive. In tandem, we have continued to fund training for healthcare providers in the best standards of bereavement training surrounding infant and pregnancy loss to ensure that patients experiencing this are met with the most compassionate care possible.

Funds generated annually from the Peterborough Butterfly Run also continue to keep run costs low as the event itself is a gathering for people that have been touched by grief to join together as a community and share their experiences. This past year a focus on loss fathers was identified as a priority and we were happy to bring loss-dad and author Kelly Farley to join us as guest speaker at the run in April 2019 and host a free workshop for grieving dads. We are proud of our long-term partnership with the Peterborough Butterfly Run in creating space for loss families and in knowing that they are not alone in their grief.

We remain committed and proud to serve Peterborough Family Health Team's needs for meeting patient care in the community. Their innovation surrounding patient programs and our ability to provide funding are an ongoing source of our pride in how we best support the community.

We are also pleased to be able to recognize the good work and generous hearts of our community with donations we have made this year to a variety of groups such as Camp Kerry, Hospice Peterborough, the Cardiac Rehab Group and more.

All of these good works would not be possible without our supporters — those that purchase tickets to our events, like the Toronto Maple Leafs Alumni Game and the Just For Laughs Relationship Show, stopped by our booth at Behind Closed Doors, our sponsors who support our activities, our volunteers that donate their time, and our donors who continually give to our physician appreciation campaigns, our Christmas appeals and our Annual Report, like this one, every year.

As we move further into 2020, our obstacles may be many, but just as we have succeeded over the past 4 years to grow our Foundation, we will move forward with the same focus, perseverance and integrity as we pursue our mission to best support the patients of Peterborough City & County. Thank you all for making this possible.

Community Care Funding Provides Programming for Seniors in Community

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organization being hard hit with additional costs for PPE and program costs amidst the pandemic and we were able to provide them with \$5,000 in emergency funding in April to help them to continue to provide programming to seniors across our

community. "Community Care is deemed an essential service and we are committed to do our part in limiting the spread of COVID-19. We are still resilient and operating and we provide critical support services such as Meals on Wheels, Grocery delivery, Transportation and Telephone

Reassurance Calls," said Danielle Belair, Executive Director, Community Care. "With your donation Community Care will be able to purchase Personal Protection Equipment and build our capacity to purchase meals and deliver grocery hampers and other essentials to vulnerable and isolated clients."

Timely INR Service During Pandemic

In response to the pandemic to keep vulnerable patients out of medical clinics, Peterborough Family Health Team relocated their INR Clinic (anticoagulation service) from the Medical Centre, Peterborough Clinic, 185 King Street, Bridgenorth, and the Lakefield Morton Community Healthcare Centre to the Peterborough Lions Centre. This allowed for patients to participate in a drive-thru screening process and reduce their risk of exposure to COVID-19.

The INR service is for patients on blood thinning medication as their blood clotting time (INR) needs to be monitored regularly to ensure that their medication dosage is safe and effective. In the past, this meant going to a busy blood lab once a week then waiting for their doctor to get the test results and to contact them if any changes were required.

Now, some of our Family Health Team pharmacists and physicians are working together to provide a convenient, one-stop monitoring program. Specially trained Pharmacists use a

finger prick blood test that provides immediate results; they can then adjust medication as required, in minutes rather than days, and in a single appointment. The Pharmacist records all patient visits in an electronic medical record that is shared with the physician, so that they always knows the status of the patient's treatment.



By providing \$12,000 to help offset the relocation costs of this INR program, GPHSF, Your Family Health Team Foundation was able to support the innovation of Peterborough Family Health Team to ensure that patient care was maintained safely for those accessing the INR program during the height of the COVID-19 pandemic.

THANK YOU

A very special thank you to our Board of Directors whose tireless efforts help us to continue our mission to serve our community:

Theresa Beebe
Vince Bierworth
Scott Cockburn
Laurie Downey, Chair
Catherine Johnston
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presents

Virtual Fall Flutter

in support of the

PETERBOROUGH BUTTERFLY RUN

Tickets \$200
Includes Dinner for 4, Full Event Access,
Table Décor, Prizes & More
On Sale Now info@gphsf.ca

EVENTS & CATERING CO. *Vegan Options Available

Join us Saturday, October 17th

for a virtual event to raise funds for
Loss Kits & Lending Libraries

Hosted by Angela Rose, this virtual event will feature pre-dinner Original Stilt Performance by Opal, Candle-Lighting Ceremony, Original Dance Performance by Sharleen Walsh-Gareau, Guest Speaker, Post-Dinner Dance Party with International Sensation DJ Molly Parti, prizes and more from the comfort of your home.

Transform your table with décor provided by Miss Grove & Co, full dinner* provided by SKH Catering and dessert provided by Black Honey.

Ticket also includes one entry to win "A Mother's Embrace" by ZimArt Gallery (Retail Value \$1,900 - Size 64 x 46 x 11)

Everything you need to participate in this virtual event will be delivered to your door (within City limits) or available for pickup on October 16th with instructions on how to access the private link, set your table, present your food and more.

For more information visit www.gphsf.ca
email info@gphsf.ca or call (705) 740-8074.



GPHSF, Your Family Health Team Foundation would like to thank all of the healthcare providers across Peterborough City & County who are working very hard to provide care for patients during this pandemic. We would particularly like to recognize our primary care providers of the Peterborough Family Health Team. Along with the Family Physicians listed below, we are also very grateful for our Nurses, Nurse Practitioners, Pharmacists, Mental Health Clinicians, Registered Dietitians, Medical Residents, and Administrative Staff that support primary care in our community.

Alexander Building Dr. Auyeung Dr. J. Webster	Curve Lake Dr. Mallory	Turnbull Clinic Dr. Beamish Dr. Boyce (PIPC) Dr. Eldridge Dr. Fraser (PIPC) Dr. Gow (PIPC) Dr. Heidman Dr. Himann (PIPC) Dr. Lem Dr. Maltman Dr. Morelli (PIPC) Dr. Post Dr. Roman (PIPC) Dr. Selby Dr. Van Hoof Dr. Whiting Dr. Winning (PIPC)	Peterborough Clinic Dr. Aasheim Dr. Ahee Dr. Armstong Dr. Barber Dr. Bartlett Dr. A. Binette Dr. R. Binette Dr. Cameron Dr. deLuna Dr. Dickie Dr. Hsu Dr. Lehmann-Bender Dr. Multani Dr. Newport Dr. Romanowski Dr. Stoker Dr. Taylor Dr. Thompson Dr. Uy Dr. Wesolowski Dr. Whatley Dr. Zaniewski
Brookdale Clinic Dr. Archibald Dr. Dobyms (PIPC) Dr. Kathiravelu Dr. Millar Dr. J. Neville Dr. Spink	Medical Arts Building Dr. Courtney Dr. Crane Dr. Dallaire Dr. Lindsay	Chemong Medical Centre Dr. Motyer Dr. Rutledge Dr. Shannon	Time Square Dr. Bowley Dr. Rand
Medical Centre Dr. Belanger Dr. Braun Dr. Carr Dr. Comerford Dr. Corbeil (PIPC) Dr. Curtin Dr. Grieve Dr. Holwell Dr. Hudson Dr. Khan Dr. Lunn Dr. Mak (PIPC) Dr. McLaughlin Dr. R. Neville Dr. Richard Dr. Sokolon Dr. Vilcini (PIPC) Dr. Waghmare Dr. R. Webster Dr. Wheeler	Millbrook Clinic Dr. Robinson Dr. VanLoon	City Centre Clinic Dr. Lokanathan	Burnham Clinic Dr. Berg Dr. Hicks Dr. Jacka Dr. Matheson Dr. Turner Dr. van der Kamp
	Lakefield Clinic Dr. Arthur Dr. Boyes Dr. Houpt Dr. Hughes Dr. Hurst Dr. Majeed Dr. Munoz Dr. Wilson	Buckhorn Dr. Ferrier Dr. Mallory	
	Lansdowne Street Dr. Nichols Dr. Shahbaz	Be Well Centre Dr. Lawson Dr. Thomas	
	George Street Clinic Dr. Messervey Dr. R. Friesen		
	North Kawartha Health Centre Dr. Hasson		
	Norwood Clinic Dr. Keogh		

WE NEED YOUR SUPPORT



GPHSF, Your Family Health Team Foundation supports patients in the community who rely on expert, compassionate care delivered by the Family Health Teams by raising funds for specialized programs, research, capital equipment, training and continuing medical education for healthcare providers. The Foundation relies solely on the generosity of donors and community partners to help patients at all stages in life and continues to accomplish the mission that the Sisters of St. Joseph set in motion more than 30 years ago, bridging gaps in community healthcare.

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